



www.hotwaterburns.org.uk

HOT WATER BURNS LIKE FIRE

Avoid the horrors of scalding

UK Building regulations require by law that bath water must be regulated to a safe maximum temperature in newbuild domestic properties and major refurbishments which involve the movement or replacement of the bath.

Thermostatic mixing valves blend the hot and cold supplies to ensure that water from the tap is regulated to a safe temperature.

Ask your plumber to fit a Reliance® thermostatic mixing valve to ensure safety and compliance.



SAFETY GUIDANCE IN THE HOME

DO

- ✓ Install smoke alarms on each floor and test regularly
- ✓ Make and practice Fire Escape Plans with the whole family
- ✓ Run COLD water first in the bath or sink before adding hot water - test the temperature
- ✓ Install thermostatic mixing valves in all hot water outlets
- ✓ Keep saucepans at the back of the stove NOT near the front - turn handles to the back
- ✓ Keep electric kettles, irons, hair straighteners or wires out of reach
- ✓ Keep secure fire guard screens in front of open fires, heaters & radiators
- ✓ Store matches and lighters out of reach
- ✓ Store chemicals, cleaners and acids out of reach



DON'T

- ✗ Drink hot drinks while nursing a baby or child
- ✗ Put a baby or child into a bath or sink until the water has been tested
- ✗ Warm baby bottles in microwaves
- ✗ Use baby walkers - children move too quickly without control
- ✗ Allow children near BBQs or garden chemicals
- ✗ Allow children near fireworks
- ✗ Leave children unattended in the kitchen or near fires and heaters



COOL, CALL AND COVER

FIRST AID ADVICE FROM THE BRITISH BURN ASSOCIATION

- 1** Cool the burn with running cold tap water for 20 minutes and remove all clothing and jewellery (unless it is melted or firmly stuck to the wound).
- 2** Call for help: 999, 111 or local GP for advice.
- 3** Cover with cling film or a sterile, non-fluffy dressing or cloth. Make sure the patient is kept warm.

A burn injury is for life.

Being burned or scalded as a child means years of painful treatment and, in the worst cases, hundreds of operations to release the scar tissue as the child grows.

By making a donation to CBT you will be making the lives of hundreds of children happier.

Disclaimer: No liability can be accepted by CBT or Reliance Worldwide Corporation (UK) Ltd for the consequences arising from following this advice which is offered for general guidance only to help reduce the risk of serious injury caused by burns and scalds.

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This leaflet is endorsed by the British Burn Association and produced with the support of Reliance Worldwide Corporation (UK) Ltd